

***Bachelor of Theology in Community Leadership 2010***  
*(minimum 3 years, 374 credits)*  
***Majoring in Psychology***

MODULES	Total credits
<b>BASIC LEVEL (first year)</b>	
Christian Studies I (24 credits) Biblical Studies I (24 credits) Practical Theology I (24 credits) Psychology I (1x24 credits) Sociology I (1x24 credits) Information Skills (6 credits)	126
<b>INTERMEDIATE LEVEL (second year)</b>	
Christian Studies II (Counselling) (32 credits) Biblical Studies II or Practical Theology II (32 credits) Psychology II (32 credits) Sociology II (32 credits)	128
<b>ADVANCED LEVEL (third year)</b>	
Christian Studies III (Counselling) (48 credits) Psychology III (48 credits) Counselling Practical (24 credits)	120

## Module Descriptions

### BASIC LEVEL (first year)

#### *Christian Studies I*

##### **History of Western and African Christianity**

This module reviews the origins and growth of Christianity from the early church through to the 20<sup>th</sup> century, focusing on the history of theology, the Church and missions in the West and in Africa. The module will emphasise the dynamic process of God's providence sustaining Christian faith in diverse historical contexts and will bring students to an awareness of how Christianity today has been shaped by history.

##### **Introduction to Philosophy and Worldviews**

This module provides an introduction to worldviews in general with particular focus on western philosophy and how philosophy has interacted with theology and shaped our world.

##### **Introduction to Theology**

This module is designed to introduce the student to the methodology and discourse of systematic theology and provide a framework within which to relate both the various theological disciplines (e.g. biblical theology, historical theology, systematic theology) and the various doctrines of the Christian faith. Special attention is given to the relationship between theology and its cultural contexts, particularly within a South African context.

##### **Theology of Mission**

The biblical and theological foundations of mission are studied from creation to Israel and then from Christ to the visions of the eschaton. An understanding of the task of world evangelisation is developed. The influence of key movements and mission paradigms will be explored, focusing in particular on current debates on the nature of missions and evangelism.

#### *Biblical Studies I*

##### **New Testament Foundations**

This module is designed to introduce the learner to the scope of the New Testament, as the testimony of the early Church, concerning the crucified and resurrected Jesus. The module follows the canonical order of the New Testament and is split over two terms. Attention is given to historical background, interpretive issues related to literary genre, and to the theology and integrity of the New Testament.

##### **Old Testament Foundations**

This module is designed to introduce the learner to the scope of the Old Testament, as a shared testimony, concerning its central character, Yahweh. The module follows the ordering of the Hebrew Bible and is split over two terms. Attention is given to historical background, interpretive issues related to literary genre, and to the theology and integrity of the Old Testament. This module is an important backdrop for New Testament Foundations.

## ***Psychology I***

### **Counselling Skills**

In this module the student is introduced to counselling methodologies and techniques. This module will focus on characteristics of an effective counsellor, crisis counselling and specialised counselling needs.

### **Developmental Psychology I**

This module provides an overview of the major theories of Developmental Psychology. It aims to help the student understand the models of human development from conception to adolescence, to address contemporary concerns in life-span development, and to enhance the awareness of methodological approaches by which human development is investigated.

### **Introduction to Psychology A**

A survey of persons, ideas, and principles in the scientific studies of human behaviour is given. The historical development and current status of psychology and investigative activities and significant findings are reviewed.

### **Introduction to Psychology B**

This module is a continuation of Introduction to Psychology A. The module identifies and explains factors of personality, together with patterns of abnormal behaviour. The module also examines the interface between sociology and social psychology.

## ***Sociology I***

### **Family and Development A and B**

These modules will survey the themes of marriage development and family issues. The student will be introduced to the dynamics of change within marriage and the family as part of a developmental psychology framework.

### **Introduction to Sociology A and B**

These modules provide an introduction to the principles, concepts, history, and major approaches to the study of society. Special attention is given to major sociological implications for the family, religion, government, education, and science. Part B includes the issue of poverty.

## ***Practical Theology I***

### **Character of a Christian Leader**

A particular emphasis is given to developing spiritual leadership through understanding the “being” of leadership, the development of character which can lead to more effective “doing”, and the skills in the practice of being a leader.

### **Christian Spirituality**

This module provides an introduction to Christian Spirituality as it has unfolded through time and explores different facets of contemporary spiritual life and practice.

### **Cross-cultural Communication and Education**

This is a foundational course in communication and education introducing the study of the communication process in cross-cultural contexts. The dynamics of interpersonal, intercultural, group and mass communication will be studied, focussing on communication in teaching and learning. This includes the study of public speaking, audience analysis, listening, speaking and conflict management.

### **Reconciliation and Peace Making**

The purpose of Reconciliation and Peace Making is to lay the foundation for a biblical and theological approach to conflict management that will guide the church and community leader in responding to interpersonal conflict both in the church and in the community.

## ***Information Skills***

### **Computer and Information Literacy**

The module focuses on the ability to define an information need, and thereafter being able to find, evaluate, use, and communicate information. The latter skills are supported by basic computer literacy in the Microsoft Office Suite, the World Wide Web and e-mail.

## **INTERMEDIATE (second year)**

### *Christian Studies II*

#### **Doctrine of Humanity and the Church**

This module explores what it means to be human, emphasising the theological significance of being created in God's image, and the nature and effects of sin upon humanity. The doctrine of the Church, formed and empowered by the Holy Spirit, is investigated focusing on its nature, ministry and mission. Throughout the module attention is given to the spiritual, ethical and social implications of these doctrines for the Christian faith.

#### **Doctrine of the Triune God**

The doctrine of the triune God is investigated, focusing on the biblical foundations, theological significance and practical application of the doctrine. Particular emphasis will be given to understanding contemporary theological discussions related to Trinitarian concepts and God's relation to the world.

#### **Pastoral Care and Counselling I**

This module is an introduction to the practical theology of pastoral care and counselling. The nature of practical theology, pastoral care and the relation between theology and psychology are explored. Models and techniques of the pastoral conversation are learnt and practiced and a sense of pastoral identity is developed.

#### **Pastoral Care and Counselling Practical I**

This practical will be completed in an institutional setting. An understanding of the role of the pastoral counsellor in a therapeutic team will be developed and pastoral ministry skills will be applied to people in need.

### *Psychology II*

#### **Developmental Psychology A and B**

These modules provide an overview of the major theories of Developmental Psychology. They aim to help the student understand the models of human development from conception to adolescence and early adulthood to death, to address contemporary concerns in life-span development, and to enhance the awareness of methodological approaches by which human development is investigated.

#### **Family Counselling A**

This module provides a theoretical overview of family development and dimensions of healthy family functioning. These concepts are applied to the student's family of origin. The student will practice intervention skills as a counsellor.

#### **Family Counselling B**

This module addresses family intervention strategies and family therapy models. It also examines some of the critical issues in regard to family counselling in the African context.

### *Sociology II*

#### **Gender Issues**

This module focuses on both the social and psychological implications of belonging to a particular gender and examines the ways that a society or culture defines how members of a particular gender act within society, and whether those expectations enhance or hinder human development.

#### **Resource Mobilisation**

The module will outline the important difference between fundraising and resource mobilisation, and why development efforts have focused on the latter. It introduces a framework to understand resource mobilisation as three key components – resource providers, resources and mechanisms for resource mobilisation. This framework is then used to relate these three components to the local community context – what kind of resources are needed, what kind of mechanisms work, and what kind of resource providers exist. The course seeks to introduce the learners to the conceptual framework for resource mobilisation, as well as the process of studying the resource mobilisation environment they work in as community workers.

#### **Sociology of Institutions A and B**

Sociological theory is applied to important institutions in society such as the family, religion and community life.

# **A choice of either Practical Theology II or Biblical Studies II**

## ***Practical Theology II***

### **A choice of Christian Worship OR Perspectives on Social Transformation**

#### **Christian Worship**

This module explores Christian Worship through the scriptures and the different traditions of the church and examines the theory and practice of worship in contemporary churches and life.

#### **Perspectives on Social Transformation**

This module reviews several perspectives on community development and the social transformation process. The study covers development as transformation, people-centred development, expanding access to social power, development as responsible well being, and development as a Kingdom response to powerlessness.

### **A choice of FBO and Development OR Homiletics A**

#### **Faith Based Organisations (FBO's) and Development**

This is an interactive module designed to prepare the student to develop ways to support the development of human community in the larger society. Special attention is given to the church as a generator of community, the family as a nucleus of support for the faith community, the church in modern and post-modern society, the church as a community of moral conviction, and the nature of communities for effective development.

#### **Homiletics A**

This module will equip the student with the skills of public speaking and specifically sermon preparation and delivery. Throughout the module attention will be given to increasing the student's ability to express ideas clearly and competently in both written and oral communication in preaching, giving the student a comprehensive understanding of the theory and praxis of expository preaching.

### **A choice of Constructive Conflict Resolution OR Homiletics B**

#### **Constructive Conflict Resolution**

This module introduces students to the theory and practice of conflict resolution and teaches them specific communication skills to enhance their relationships. Students are provided with the opportunity to explore their attitude toward conflict and to reflect on their personal approach to conflict. The module makes use of case studies to assist students to reflect on the strategies, tactics and approaches used during conflict situations and emphasises the link between communications, behaviour and conflict.

#### **Homiletics B**

The purpose of this module is to expose the student to various styles of topical and evangelistic preaching models. The aim of this exercise is to increase the student's awareness of the importance of these homiletical methods in the preaching process. Finally, the module is designed to increase the student's ability to read, analyse and evaluate their own and their peers' topical and evangelistic sermons competently.

#### **Leadership and Empowerment**

This module explores the theory and practice of leadership in the context of the church and faith-based organisations. Attention will be given to issues such as the process of effectively utilising and developing human resources, sharing control and responsibility, teamwork, conflict management, strategic planning and managing diverse communication styles.

## ***Biblical Studies II***

### **Biblical Hermeneutics**

This module investigates how scripture has been interpreted in the past, in order to discover those methods most appropriate to exposition and application. In addition, it seeks to develop knowledge of and skills in the process of exegesis.

### **Old Testament Writings**

The study and meaning of wisdom in the literature of the Old Testament are investigated. Special attention will be given to the nature of Hebrew poetry, literary structure and the importance of developing a biblical theology of the wisdom writings. Exegesis of representative passages is included.

### **Pentateuch**

This module is a focused study of the Torah (or Pentateuch) with particular attention given to the nature and character of these writings as Israel's core testimony concerning Yahweh. Some attention is given to the theological motifs (Law and Justice, Political Deliverance, and Economics and the Poor) embedded within the Torah and the role of these motifs in community identity formation.

### **Synoptic Gospels**

This module is a focused study of one of the Synoptic Gospels (Matthew, Mark, Luke-Acts) within its historical and literary context and places a significant emphasis on the *descriptive task* (exegesis of representative passages within the specified Gospel) to note distinctive theological themes. Special attention is also given to the *synthetic task* of locating the Gospel within the broader canon of the NT Gospels.

## **ADVANCED LEVEL (third year)**

### ***Christian Studies III***

#### **African Worldviews**

An overview of African Worldviews is given with special reference to South Africa. This will include a study of the African Independent Church movements with a view to understanding traditional modes of spirituality and their relevance for the contemporary church in Africa.

#### **Faith Development and Spiritual Formation**

This module is firstly designed to explore how people make meaning out of life's experiences. The primary theory of James W Fowler is given special attention. Consideration is given to the application of this theory to the general areas of developmental psychology, the theology of Christian formation and maturity. The second aspect of the module is the bringing together of the theory and practice of Christian spiritual formation.

#### **Ethics and Contemporary Theology**

The *Ethics* module is designed to help the student build a Christian world and life view. Biblical, theological and non-theological studies are integrated so that the student can respond to current moral, intellectual and social questions.

*Contemporary Theology* is a study of selected theologians of the twentieth century who have influenced contemporary theological thinking. Attention is given to theological movements, which have influenced the church.

#### **Integration of Psychology and Theology**

The perennial question of pastoral theology is how to relate the different fields of psychology and theology. This double module explores the tensions between the two as well as possible models of integration. Module A focuses on the philosophical assumptions and worldviews within the two disciplines. Module B investigates models of integration and practically applies them in areas of overlap and tension.

#### **Pastoral Care and Counselling II and Practical II**

This module applies the approaches and skills learnt in Pastoral Care and Counselling I to specific crises, such as illness, dying, bereavement, mental illness and family breakdown. Institutional ministries that deal with these issues are visited and in the second half of the module the students will gain practical experience in one such institution.

### ***Psychology III***

#### **Abnormal Psychology**

An applied final year module focusing on conceptualisation and treatment in the field of abnormal psychology, as follows: Classification and Diagnosis; Clinical Assessment Procedures; Therapy Models.

#### **Group Therapy Skills**

A foundational module focusing on various treatment programmes currently utilised in mental health settings, as follows: group therapy; social-learning treatment programmes; recreational therapy; after care procedures.

#### **Research Methods and Statistics**

This is a foundational module presenting basic research and statistical methodologies in preparation for graduate studies in Human Sciences.

**Theories of Personality**

This module aims to provide an overview of theories concerning the shaping of personality. It will examine the influences – both personal and environmental – that impact on personality development. A particular dimension of this is the impact of child-rearing practices on the shaping of personality. The module endeavours to incorporate certain South African cultural realities in the shaping of worldview, norms and practices. The second part of the module will examine personality traits, and theories behind personality traits. Students will also have an opportunity to receive an evaluation based on a personal personality inventory.

**Psychology Senior Project Paper**

The Psychology Senior Project Paper is a theory and reflection paper based upon the final year student's practical counselling fieldwork experience in a community setting. The student will need to demonstrate mastery of theoretical counselling modalities utilising case studies derived from practical counselling experience gained whilst working in the community.

**PRACTICAL****Counselling Fieldwork**

Fieldwork is a practical (usually community-based) extension of the academic programme in a defined module of study in Psychology. Fieldwork is a multi-disciplinary application of what has been learned theoretically. It measures the practical capabilities of the student within a field or sphere of learning